

'Journey for Julie' to Beat Meningitis

For Immediate Release

July 21, 2005 Waterloo, Ontario

While visiting her gravesite near Halifax in 2004, Greg Kotlowski finally acknowledged the tragic death of his four year old daughter Julie to meningitis on November 21, 1984.

It has taken more than 20 years for Greg to face the grim reality of Julie's death and let go of the past, to begin his own journey of healing.

Journey for Julie is a National Awareness Campaign and Cross-Canada peddle bike tour in support of the Meningitis Research Foundation of Canada.

On July 21, 2005 Russ McCann, owner of Weatherguard Gutters & Exteriors, and his close friend and employee Greg Kotlowski, both avid cyclists, will embark on a peddle-bike tour from Vancouver, BC to Halifax, NS in support of Research, Screening and Immunization for Bacterial and Viral Meningitis.

Greg is determined today to bring good out of this tragedy. His goal is to raise funds for ongoing research, increase public awareness of Meningitis and to educate families on vaccine options.

"All the pain we've suffered will be worth it if we could help prevent or make one person aware of this horrible disease" (Greg Kotlowski).

You can find a schedule and track Russ and Greg's cross-country 'Journey for Julie' on their website at www.journeyforjulie.ca

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